

Please review and complete the **CT Consent Information Intake Form** as well. This form screens for possible medical problems that may restrict what kind of CT scan or what kind of contrast we may or may not be able to give you. Please do not forget to bring it with you for your test.

1. **DO NOT EAT OR DRINK** Prior to a CT scan of the Chest, abdomen or Pelvis: we need you not eat or drink anything for at least **4 hours** before the exam unless you will be given oral contrast than at least **8 hours** prior.
2. **ORAL CONTRAST.** You will be informed by the radiology technician whether or not you will need to drink contrast. If you are told you will have to drink contrast you have two options:
 - a. Pick up the contrast you need to drink from the radiology department at MISH at your convenience in advance prior to your test, so that you can start drinking 2 hours before your scheduled test time in the comfort of your own home, OR
 - b. Drink the contrast on the premises 2hours before your scheduled test time.

Gastroview Contrast Instructions:

- Nothing to eat or drink a minimum of 4 hours before exam.
- Divide Gastroview and drink mix equally between two cups.
- Fill both cups to line and mix well.
- Drink one glass 2 hours before scheduled appointment.
- Drink second glass 1 hour before scheduled appointment.

Readi-Cat Contrast Instructions:

- Nothing to eat or drink 8 hours before your exam time.
- Drink the first bottle the night before the exam time.
- Drink ½ of the second bottle 1 hour before the exam time.
- Bring the other ½ of the bottle to your appointment.

3. IV CONTRAST

Patients receiving IV contrast who are 60 or older and/or are diabetic need to have blood work done prior to the CT scan exam. Labs drawn (BUN, Creatinine) within 60 days of appointment will be adequate, if older they will need to be repeated. If you have an old BUN and Creatinine level please bring a copy of the labs with you to your appointment to avoid blood testing.

Bring a current medication list or your home medication bottles with you at time of your appointment.

4. **PREVIOUS BARIUM TESTING.** If you've had a barium study (Upper GI, Small bowel follow thru, Barium study) within the last two weeks prior to your appointment date please call and notify the technologist. This may force us to change the date of your testing.
5. **AFTER BEING GIVEN ANY CONTRAST.** Please read the After Receiving Contrast Material Instructions form for information on what to do and/or be aware of after being given contrast of any type.