

Thank you for allowing MISH to participate in your care today.

Please read all checked off boxes regarding the contrast you have been given today.

The Contrast you were given today is: Barium, Conray, Gadolinium, Hypaque, Isovue, MD-Gastroview,
 Omnipaque, Optiray Readi-Cat

Drink plenty of fluids, preferably water - You will need to drink plenty of fluids today, preferable water, this is to dilute the x-ray dye that you received as part of your exam and will allow the body to flush it through your kidneys. Caffeine and alcohol will not allow this flushing to occur effectively. At a minimum you should drink 8 eight ounce glasses of water today.

Urination - Since you will be drinking plenty of fluid, you should have plenty of urine output. However, if your urine output declines dramatically or your urine becomes dark, notify your physician immediately.

Diabetic Medications – If you are diabetic, **DO NOT take any medication containing metformin for 48 hours** after your test. It is highly recommended that your doctor/provider check your renal function with lab work prior to restarting metformin containing medications. If you are concerned about your sugar levels during this time, please contact your physician. Common medications containing metformin are listed below:

ActoPlus Met	Glucophage XR	Invokamet	Kazano	Prandimet
Avandamet	Glucovance	Janumet	Kombiglyze XR	Riomet
Fortamet	Glumetza	Janumet XR	Metaglip	
Glucophage	Glycomet	Jentadueto	Metformin	

Cancer Patients: If you are taking cancer drugs you must inform your oncologist. Gadolinium (see above) can prolong activity of these drugs.

Breastfeeding- If you are breastfeeding, it is recommended that you discard breast milk for 24 hours after any intravenous contrast injection. After 24 hours, you may resume breastfeeding – please call pediatrician to verify if concerned.

Allergic Reaction – There is always risk of allergic reaction to any injected medication. If you develop a rash or hives in the days following your exam, please contact your physician. If you have difficulty breathing or facial swelling **CALL 911** or go to the nearest emergency room. Please do not hesitate to call if you have questions or concerns. Our phone number is **(913) 322-7408**.

Patients with renal disease and/or on dialysis – contrast agents can worsen kidney function. If gadolinium given (see above) you must contact your nephrologist (kidney) doctor, dialysis is often recommended within 24 hrs of contrast administration.

By signing this form, I acknowledge these instructions have been explained to me to my satisfaction and all of my questions have been answered. I have received a copy of this form.

Patient Signature

Date/Time

Technologist

Date/Time

MISH

Minimally Invasive Surgery Hospital

**Post Contrast
Patient Information**

Patient Sticker