



10951 Lakeview Avenue
 Lenexa, Kansas 66219
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FOLLOW-UP SCHEDULE

Weight Loss Surgery
www.MISHhospital.com

WHEN	Follow-Up Visit Schedule
<p>1 week post - op</p>	<p>1st post-op up visit</p> <p><i>Arranged prior to leaving the hospital. JP drain, if present is removed during this visit.</i></p>
<p>3 - 4 weeks post-op</p>	<p>2nd post-op visit</p> <p><i>You should be starting to tolerate solid food. “Rules class support group” is now required. Schedule your visit on a Friday & join the Rules Class Support Group – see our website for dates. It is also available via ZOOM Meeting. On our website: under Weight Loss Surgery → Rules Class Support Group. Use the Zoom Meeting link, or watch a pre-recorded Rules Class.</i></p>
<p>Every 3 months (2nd half of the 1st year)</p>	<p>3rd , 4th, 5th and 6th post-op visit</p> <p><i>Need for medication may be changing - monitoring your health is important to ensure successful weight loss and prevent problems. Make sure to Follow-up with your primary care doctor during this time.</i></p> <p>Don’t forget Rules Class Support Groups – need about 3 to 4 of them in your first year</p>
<p>Every 6 months (in 2nd year)</p>	<p><i>By the end of the 1st year most patients are eating well and understand what they have to do. We reduce follow-up to twice a year</i></p>
<p>Annually (after 2nd year)</p>	<p><i>Long term follow-up improves weight loss success. Coming to a “Rules Class Support Group” once a year can be very helpful in keeping you on track.</i></p>